

Head Heart Feet and Spirit

Activity/Day#: _____

Write a couple of sentences about your day/activity under each heading below:

This module will take you about 5 minutes to fill out. It has 4 questions.

Confidentiality: Your answers are confidential; only your organization, program and activity will be entered with your answers, not your name.

Consent:

- Your participation in this survey is voluntary. Not participating in the survey won't affect your participation in the program.
- You can choose not to participate at any time until you hand in your survey.
- You can choose not to answer any questions if you do not want to. Leave them blank

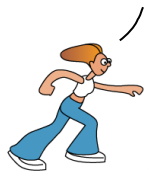
HEAD – What have I learned today?

HEART – How do I feel about today?

FEET – What will I do with what I've learned today?

SPIRIT – How did I connect today?

More
questions
on back



Continued on next page.

Your Feedback

If you would like to, please give us your feedback, suggestions, comments on this survey/tool.

Organization:

Program:

Activity: